
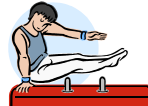





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Flip-a-saurs 10:00-11:00am	Tumbleleemies 10:00-10:45 am	Open for School Classes	Drop-in 2-6yrs 10:00-11:00 am	Tumbleleemies 9:45-10:30 am
	Tumbleleemies 11:00-11:45am	Drop-in 2-6yrs 11:15-12:15pm	Flip-a-saurs 11:00-12:00 am		Tumbleleemies 11:15-12:00 am	Flip-a-saurs 10:45-11:45 am
	Flip-a-saurs 12:00-1:00 pm	Tumbleleemies 12:30-1:15 pm	Flip-a-saurs 12:15-1:15 pm		Flip-a-saurs 12:15-1:15 pm	Rec My Day 12:00-1:30 pm Boys and Girls
				Gym`n Stuff 12:30-2:00 pm		Open for Birthday Parties
Birthday Parties		Competitive Team 3:30-6:30 pm		Competitive Team 3:30-6:30 pm		Open for Birthday Parties Call for info/cost
Extra Training	Rec My Day 3:30-5:00 pm	Rec My Day 3:30-5:00 pm	Rec My Day 3:30-5:00 pm	Gym`n Stuff 3:30-5:00 pm	Rec My Day 3:30-5:00 pm	
	Rec My Day 5:00-6:30 pm	Flip-a-saurs 5:30-6:30 pm	Flip-a-saurs 5:30-6:30 pm		Flip-a-saurs 5:30-6:30 pm	
	High School + Teen Drop-in 6:30-8:00 pm	Rec My Day 5:30-7:00 pm Boys	Tumbleleemies 5:30-6:15 pm		Tumbleleemies 5:30-6:15 pm	

Tumbleleemies Ages 2 and 3
A fun-filled program designed specifically for your tot. Lots of gym games while teaching your child basic gymnastics moves, introducing them to a variety of gymnastics equipment. Parent participation required. 45 minutes Boys and Girls

Flip-a-saurs Ages 4 and 5
A program designed through fun oriented gymnastics activities that develop basic movement and co-ordination using a variety of locomotion, balancing, rolling, jumping and swinging skills. 1 hour Boys and Girls

Rec My Day Ages 6 and Older
This program emphasizes the fundamentals of gymnastics in a fun and safe environment. Skills will be taught on bars, vault, beam, floor and rings using a progressive evaluation system. 1.5 hours Boys and Girls

Gym`n Stuff Ages 4 and 5
1 hour of gymnastics (see flip-a-saurs) and a ½ hour of crafts. Tons of fun for your pre-schooler.

Teen and High School Drop-in(13+)
Semi structured, come and join the fun using all the equipment in the gym.

Drop In Ages up to 6
A time for your tot to explore! Come in to discover the gym and try out gymnastics. Qualified and enthusiastic coaches are ready to teach and assist with this Structure-free time. Also great for those already in classes who would like a little more Gymnastics time.

\$20 BCGA annual membership/insurance for new members.

Rec My Day \$185/12 weeks +HST
Gym`n Stuff \$185/12 weeks +HST
Flip-a-saurs \$125/12 weeks +HST
Tumbleleemies \$100/12 weeks +HST
Birthday Parties \$79/8 kids +HST
Drop-in 2 – 6 yrs \$ 5.00/visit includes HST
Teen/High School Drop-in 13yrs+ \$10.00/visit includes HST

Payment Options:

Personal Cheque Payable to:
Gymnastics Adventures
Cash – MasterCard - Visa
For “Kids Sport” funding, apply at the
Penticton Community Centre
Payment to be made in full, OR two cheques
\$30 service charge for all NSF cheques.
NO REFUNDS AFTER 2nd WEEK OF CLASSES